

COMMUNITY RESOURCE GUIDE FOR WINCHESTER, VIRGINIA

Food Pantries In Winchester Va

<https://www.foodpantries.org/ci/va-winchester>

United Way Info

<https://www.facebook.com/148176136015/posts/10156985636176016/?vh=e&d=n>

Help us respond to the immediate local needs! 100% of money raised goes directly to relief efforts. Just text "UWCOVID" to 44-321 to give!

VALLEY Assistants Network Info

Whatever the need, we are here. Call our Valley Assistance Network at (540)733-3178 for information on how to get help. Please share and repost to spread the word to our community. Learn more about our COVID-19 Relief Fund at <https://www.unitedwaynsv.org/covid-19-resources>

There is also a form to get help from VAN if they have particular requests - <https://www.unitedwaynsv.org/covid-19-resources>

WHAT WE DO

In short, we help working families move them from crisis to stability. The core service of VAN is a comprehensive Rource and Referral System. We help people in crisis access information and services to meet their basic needs and stabilize their situation. We provide a coordinated network of services to help people navigate resources like finding shelter, clothing, food, medical care, job training, etc. In phase two of the program, we offer the tools and resources to help families become self-sufficient, and ultimately, financially secure.

VAN has quickly become a vital resource for the Northern Shenandoah Valley. In less than two years in operation, VAN has helped more than 1,200 families connect with medical providers, housing services, food, transportation, counseling, and other critical community resources, to help improve their lives.

411 N. Cameron St., Suite 201
Winchester, VA. 22601
(540) 773-3178

CCAP

Congregational Community Action Project (CCAP) is a cooperative ministry of area faith communities serving Winchester and Frederick County that have joined together to provide financial, material and supportive assistance to people in need.

We are a 501(c)(3) non-profit, charitable organization that is funded by area faith communities, businesses, civic groups, bequests, and private individuals. We receive no funding from local, state or federal government agencies nor are we funded by the United Way.

As an all-volunteer organization, we are able to designate a vast majority of monetary donations directly to client expenses.

Services We Provide

Clothing

- *Clothing / Shoes for individuals and families.
- *All seasons and sizes
- *May obtain clothing once a month
- *Professional attire
- *Job site specific items (work boots, slip resistant shoes and other items specifically required by employer). Proof of employment/requirements required for these items.
- *Baby/Toddler Room provides clothing/shoes, diapers. Other items as available: car seats, strollers, baby care items, childrens' books, breast pumps and possibly more. Must provide child's birth certificate within 60 days to continue services.
- *The Pink Room: A special resource room for breast cancer patients/survivors. By appointment.

Pantry

- *May obtain groceries once a month
- *Free choice pantry (client chooses food items).
- *Pantry items include: bread, desserts, pasta/sauces, rice, canned soups, produce, eggs, meat, cheese, canned vegetables/fruit, cereal, milk, peanut butter/jelly, snack items. Other items as available.
- *Pet supplies (dog/cat food, cat litter)
- *Household/Laundry products
- *Hygiene products

Financial Assistance

Financial assistance may be provided for rent, utilities, security deposits, medical/dental expenses, medications, car insurance/dmv fees, addiction treatment, licensed daycare expenses, and other expenses as approved.

Must provide current proof of residency, and bill/expense to be paid.

CCAP will make the final determination of assistance to be provided.

Other

We also provide additional services depending on the availability of resources. Community partnerships allows CCAP to provide free firewood (Frederick County Rotary), Eye Glasses (Lions Clubs), Coats For Kids (Winchester Rotary), bicycles may be provided for transport to work, emergency living supplies may be offered to homeless clients. We make every attempt, within the limits of our resources, to assist every client who comes to us for assistance.

Contact

112 South Kent St.
Winchester, VA 22601
(540) 662-4318

Virginia Unemployment Office

The office is closed to the public, but claims can be done over the phone or at the website below

<http://www.vec.virginia.gov/unemployed/online-services>

419 N. Cameron St.
Valley Workforce Center
Second Floor
Winchester, VA 22601
Phone: (540) 722-3415
Fax: (540) 722-3418

Farm Specialists

Kenia Brooks

Virginia Career Works

<https://virginiacareerworks.com/>

Meals for Kids

Food Services

Breakfast and Lunch Distribution

Beginning on Friday, March 20, any school-aged child will be able to pick up a free breakfast and lunch each weekday between 8:30 a.m. and 1:00 p.m. at either James Wood, Millbrook or Sherando high schools. In addition, a free breakfast and lunch will be made available for pickup at several satellite locations throughout Frederick County. View [breakfast and lunch menus](#) and [meal pickup locations and times](#). The meals are only being made available to school-aged children and each child must present themselves at one of the high schools or satellite pickup locations in order to receive their meals each day.

WPS is offering free meals to their students: "Beginning Wednesday, March 18, we will have 12 meal sites available within the city. At each site, students may receive lunch for that day and breakfast for the next day at no cost. The meal sites will be available from 10:00 am-12:30 pm. Locations List: <http://bit.ly/2TVMwIX> (or use map link below). Find the closest location and look for the yellow school bus. Anyone under the age of 18 is eligible for a meal regardless of free or reduced meal status. At least one child must be present in order to receive meals for the other children in the household."

Map: <https://www.google.com/maps/d/viewer?mid=1yq4TOzmBX0ySQd7CdDH5DwAggW - P0CG&hl=en&ll=39.17038801727457%2C-78.16568039999999&z=13>

Bright Futures Food Packs

In coordination with Bright Futures Frederick-Winchester, food packs will be distributed throughout the school closure. Food and monetary donations are being accepted. [View a list of food items needed](#). Food donations can be dropped off at the Bright Futures Distribution Center, located at 178 Indian Hollow Road, at any time and should be placed in the bins located at the entrance to the center. Or, [make a monetary donation via MySchoolBucks](#).

Bright Futures Info

Bright Futures Frederick-Winchester is working collaboratively with Frederick County and Winchester Public Schools to help students and families in need while schools are closed due to the coronavirus. Donations of food are the greatest need. A list of the most needed items is available at <http://bit.ly/BFfoodpackneeds>. Donations can be dropped off at the Bright Futures Distribution Center located at 178 Indian Hollow Road at any time and should be placed in the bins located at the entrance of the center. Thank you for your willingness to help our community's children.

Information Technology Services

To assist students and staff who experience technical problems with their school-issued devices, including Chromebooks, the Information Technology Department is operating a

Technical Triage Center through at least April 9. The center will operate from the building located behind James Wood Middle School and will be open weekdays from 7:00 a.m.-9:00 a.m., Noon-1:00 p.m. and 2:00 p.m.-4:00 p.m. The center can help with broken Chromebooks and laptops, locked user accounts and forgotten passwords as well as lost chargers and other equipment. In addition, technical support by phone will be offered during the same hours the Technical Triage Center is open. Students, parents and staff who have questions about school issued equipment can call 540-545-2434 for assistance during the hours noted above.

Timbrook Safety Center Info

Effective March 17, 2020: Public access to the Timbrook Public Safety Center will be allowed in an emergency and by appointment, when necessary. The Winchester Police Department will continue to provide response to all calls for service; however, reports may be taken by phone on a case by case basis. Officers responding to calls for service may ask the public to step outside in order to have a healthier environment.

Phone: 540-545-4705 and Email: police@winchesterva.gov for the following:

Permits: No new massage, gold, pawn, or taxi permits will be accepted at this time. Renewals of permits will only be handled electronically and by phone.

Parking tickets: Payments will be not accepted in person. Payment for parking tickets can be paid by phone, online, and drop box only. Request for an appeal for parking tickets can be made by phone. You will then be given instruction on how to complete the necessary form.

Records request: Will not be accepted in person. Request for records and accident reports must be made by phone or email.

Fingerprinting: Suspended unless determined necessary. Please call to find out if you are eligible.

Court system Info

Update:

AS ALWAYS if you have questions or concerns about any court case please call the Joint Judicial Center in Winchester at 540-667-5770. All Clerks offices and Sheriff's Offices will be open, that being said we ask for your assistance in if you do not have essential/ emergency business please consider a later date to conduct business at the courthouse.

Library Programs

STUCK AT HOME? YOUR LIBRARY IS HERE TO HELP.

For families of all ages, a global pandemic can be alarming and confusing. The Coronavirus (COVID-19) has been spreading throughout the United States now, specifically, and has led to school and public closures. The uncertainty of this national and global situation can induce more anxiety in our kids. However, learning how to talk about what is going on and what to do next can be the first step that grown-ups can take to lead to better understanding for families with kids.

Your public library can be a source of trustworthy information and educational resources if you and your family are, in fact, stuck at home. We've compiled all ages materials that are FREE to access from live videos of authors/illustrators sharing their work, homework practice, language learning apps, family yoga videos, streaming platforms, and more. Education companies [like these](#) are also offering FREE subscriptions and services.

ALL AGES

- **[Khan Academy](#)**: sample hourly at-home schedules that include active learning links
- **[Scholastic Learn at Home](#)**: day-by-day projects broken up by grade level to keep kids reading, thinking and growing
- **Author Read-Alouds and Lessons**: check out numerous author/illustrator videos created just for you, like Kate Messner, Jason Reynolds, and others
- **Famous Virtual Museum Tours**: including the Guggenheim Museum and the National Gallery of Art
- **Explore Animal Webcams**: observe animals on live webcams around the world
- **Hour of Code**: learn coding skills with an hour of code activity
- **Family-friendly Podcasts**: gathered by Common Sense Media, listen to a podcast together
- **Spanish Storytime**: listen to well-known Spanish Children's Books read aloud by native Spanish speakers. Read along in English or Spanish.
- **Wonderopolis**: here you can find a new wonder, submitted by kids, and the answer, in an article with a video

AGES 2-5

- **[How to Talk to Your Kids About Coronavirus](#)**: from PBS Kids featuring Daniel Tiger and Sesame Street
- **Stories, Songs and Stretches**: yoga storytime video that encourages movement and learning

- **Early World of Learning:** with your library card, access read-alouds, learning games, and more
- **Storyline Online:** a literacy program where famous actors read to kids through video
- **Discover with our Friends from the Shenandoah Valley Discovery Museum:** learn and play from local children's museum educators online

AGES 6-10

- **Mystery Science:** popular interactive mini and full science lessons
- **Fluency and Fitness:** review reading and math through fun movement breaks
- **Hoopla:** with your library card, find your next favorite audiobook or graphic novel and more
- **Maker Stations:** creative maker challenges with added extension apps

SINGALONG THIS WEEK

AT HOME
WITH
EMILY ARROW

MONDAY - FRIDAY
1PM EST • 10AM PST

moments of music,
stories, and mindfulness
for all ages

[YOUTUBE.COM/
EMILYARROW](https://www.youtube.com/emilyarrow)